

# Washington Behavioral Risk Factor Surveillance System

## 2004 Tobacco Survey Results

### *Snohomish County*

#### What is your age?

n = 842

18 - 34	31.4%	(± 4.1%)
35 - 54	46.1	(± 4.0)
55 - 74	17.1	(± 2.6)
75+	5.5	(± 1.5)

#### Gender

n = 842

Male	47.7%	(± 4.0%)
Female	52.3	(± 4.0)

#### Which one of these groups would you say best represents your race...

n = 834

White	88.2%	(± 3.1%)
Black or African American	2.0	(± 1.2)
Asian	3.5	(± 1.6)
Native Hawaiian or Other Pacific Islander	0.6	(± 0.7)
American Indian, Alaska Native	2.1	(± 1.3)
Other race	3.5	(± 2.2)
No preferred race	0.1	(± 0.1)

#### Are you Hispanic or Latino/Latina?

n = 842

Yes	5.1%	(± 2.3%)
No	94.9	(± 2.3)

#### Marital status

n = 836

Married	58.8%	(± 4.0%)
Divorced	12.1	(± 2.6)
Widowed	3.9	(± 1.1)
Separated	1.1	(± 0.9)
Never been married	18.3	(± 3.4)
Or a member of an unmarried couple	5.8	(± 2.0)

#### How many children less than 18 years of age live in your household?

n = 840

None	54.5%	(± 4.0%)
1	16.4	(± 2.9)
2	17.5	(± 3.1)
3 or more	11.6	(± 2.7)

#### What is the highest grade or year of school you completed?

n = 842

Some high school or less	8.8%	(± 2.5%)
High school graduate or GED	25.1	(± 3.6)
Some college or technical school	35.7	(± 3.8)
College graduate or more	30.5	(± 3.5)

\*Estimates based on sample sizes less than 50 were omitted.

<b>Are you currently. . .</b>	n = 838	
Employed for wages	53.1%	(± 4.0%)
Self-employed	8.6	(± 2.3)
Out of work	6.9	(± 2.3)
Homemaker	8.7	(± 2.0)
Student	5.5	(± 2.1)
Retired	13.0	(± 2.2)
Or unable to work	4.2	(± 1.6)

<b>Annual household income from all sources</b>	n = 734	
Less than \$20,000	11.0%	(± 3.0%)
\$20,000 to less than \$50,000	37.7	(± 4.1)
\$50,000 or more	51.3	(± 4.3)

<b>Have you smoked at least 100 cigarettes in your entire life?</b>	n = 1436	
Yes	46.0%	(± 3.0%)
No	54.0	(± 3.0)

<b><i>Among those that have smoked at least 100 cigarettes in their entire life:</i></b>		
<b>Do you now smoke cigarettes everyday, some days, or not at all?</b>	n = 661	
Everyday	35.5%	(± 4.4%)
Some days	12.2	(± 3.1)
Not at all	52.3	(± 4.5)

<b><i>Among current smokers:</i></b>		
<b>During the past 12 months, have you stopped smoking for 1 day or longer because you were trying to quit smoking?</b>	n = 302	
Yes	61.4%	(± 6.4%)
No	38.6	(± 6.4)

<b>Current cigarette smoking prevalence:</b>	n = 1436	
(every day or some day smokers among the whole population)	21.9%	(± 2.6%)

<b><i>Among those that have smoked at least 100 cigarettes:</i></b>		
<b>Did you smoke any cigarettes during the past 30 days?</b>	n = 389	
Yes	48.3%	(± 6.1%)
No	51.7	(± 6.1)

<b><i>Among those that have smoked in the past 30 days:</i></b>		
<b>On how many days of the past 30 days did you smoke cigarettes?</b>	n = 172	
Less than 30 days	27.2%	(± 8.1%)
30 days	72.8	(± 8.1)

<b><i>Among those that have smoked in the past 30 days:</i></b>		
<b>On average, about how many cigarettes per day do you smoke, on the days that you do smoke?</b>	n = 176	
Average:	13.5	(± 1.8)

\*Estimates based on sample sizes less than 50 were omitted.

<b>Have you ever tried using smokeless tobacco, like chew, dip or snuff?</b>	n = 828	
Yes	19.1%	(± 3.3%)
No	80.9	(± 3.3)

***Among those that have ever tried smokeless tobacco:***

<b>On how many of the past 30 days did you use smokeless tobacco products?</b>	n = 129	
None	87.9%	(± 6.4%)
Less than 30 days	5.0	(± 4.1)
30 days	7.1	(± 5.2)

<b>Current smokeless tobacco prevalence:</b>	n = 828	
(any use in past 30 days among the whole population)	2.3%	(± 1.3%)

<b>In the past month, have you smoked a cigar, even just a puff?</b>	n = 828	
Yes	5.4%	(± 2.0%)
No	94.6	(± 2.0)

<b>Current tobacco use (all types of tobacco)</b>	n = 829	
Current daily tobacco user	27.1%	(± 3.8%)
Current non-tobacco user	72.9	(± 3.8)

***Among former smokers:***

<b>About how long has it been since you last smoked cigarettes regularly, that is, daily?</b>	n = 212	
Within the past month (less than 1 month ago)	0.2%	(± 0.4%)
Within the past 3 months (1-3 months ago)	0.8	(± 1.5)
Within the past 6 months (3-6 months ago)	5.0	(± 5.3)
Within the past year (6-12 months ago)	3.1	(± 3.5)
Within the past 5 years (1-5 years ago)	13.6	(± 5.5)
Within the past 15 years (5-15 years ago)	31.0	(± 7.5)
More than 15 years ago	43.0	(± 7.7)
Never used regularly	3.3	(± 3.3)

***Among former smokers:***

<b>When you last smoked cigarettes regularly, on average, how many days per month did you smoke?</b>	n = 208	
Average:	28.5	(± 1.5)

***Among former smokers:***

<b>When you last smoked cigarettes regularly, on average, how many cigarettes did you smoke per day?</b>	n = 208	
Average:	20.3	(± 2.6)

\*Estimates based on sample sizes less than 50 were omitted.

***Among never smokers less than 30 years old:***

**Do you think that you will smoke a cigarette anytime during the next year?**

n = 37

Definitely yes  
Probably yes  
Probably no  
Definitely no

*	*
*	*
*	*
*	*

***Among never smokers less than 30 years old:***

**If you or your best friends offered you a cigarette, would you smoke it?**

n = 37

Definitely yes  
Probably yes  
Probably no  
Definitely no

*	*
*	*
*	*
*	*

***Among current tobacco users:***

**About how much do you usually spend on tobacco products every week?**

n = 188

Less than \$25  
At least \$25 but less than \$55  
More than \$55

64.4%	(± 8.2%)
31.3	(± 7.9)
4.3	(± 3.5)

***Among current tobacco users:***

**In the past month, did you buy tobacco on a Native American reservation?**

n = 201

Yes  
No

14.3%	(± 5.1%)
85.7	(± 5.1)

***Among current tobacco users:***

**In the past month, did you buy tobacco from the Internet?**

n = 201

Yes  
No

1.9%	(± 1.6%)
98.1	(± 1.6)

***Among current tobacco users:***

**During the past month, did you buy tobacco outside the state to save money - not just because you were traveling?**

n = 200

Yes  
No

6.6%	(± 6.4%)
93.4	(± 6.4)

***Among current/former tobacco users:***

**People close to me are/were upset by my using tobacco.**

n = 381

Strongly agree  
Somewhat agree  
Somewhat disagree  
Strongly disagree

44.9%	(± 6.0%)
20.2	(± 5.2)
17.9	(± 4.6)
17.0	(± 5.0)

\*Estimates based on sample sizes less than 50 were omitted.

***Among current/former tobacco users:***

**When was the last time a DOCTOR or other healthcare provider advised you to quit, if ever?** n = 392

Within the past year (1-12 months)	24.3%	(± 5.0%)
Within the past three years (1-3 years)	7.9	(± 2.9)
3 or more years ago	22.0	(± 5.0)
They never advised me to quit	45.9	(± 6.0)

***Among current/former tobacco users:***

**When was the last time a DENTIST advised you to quit, if ever?** n = 387

Within the past year (1-12 months)	11.5%	(± 4.0%)
Within the past three years (1-3 years)	6.8	(± 4.5)
3 or more years ago	9.0	(± 3.1)
They never advised me to quit	72.7	(± 5.9)

***Among current/former tobacco users:***

**When was the last time a PHARMACIST advised you to quit, if ever?** n = 395

Within the past year (1-12 months)	1.3%	(± 1.1%)
Within the past three years (1-3 years)	0.3	(± 0.6)
3 or more years ago	1.2	(± 1.1)
They never advised me to quit	97.1	(± 1.7)

***Among those advised to quit:***

**Did the health care professional who advised to quit offer any help, or refer you to a source of help to quit tobacco use?** n = 231

Yes	43.2%	(± 7.7%)
No	56.8	(± 7.7)

**What type of health coverage do you use to pay for most of your medical care? Is it coverage through. . .** n = 703

Your employer	46.2%	(± 4.3%)
Someone else's employer	22.4	(± 3.6)
A plan that you or someone buys on your own	12.4	(± 2.8)
Medicare	10.5	(± 2.2)
Medicaid or Medical Assistance	5.6	(± 2.2)
The military, CHAMPUS, or the VA	2.8	(± 1.4)
The Indian Health Service	0.1	(± 0.3)
Some other source	0.0	(± 0.0)

***Among current and recent former smokers:***

**Within the past year, have you heard about any programs in your community to help you quit using tobacco, such as classes, support groups or counseling services?** n = 180

Yes	50.6%	(± 9.3%)
No	49.4	(± 9.3)

\*Estimates based on sample sizes less than 50 were omitted.

***Among current and recent former smokers:***

**Within the past year, did your employer offer any stop-smoking class or other programs to help employees quit using tobacco?** n = 80

Yes	12.3%	(± 7.9%)
No	87.7	(± 7.9)

***Among current and recent former smokers with health care coverage:***

**Does your health care insurance coverage pay for the cost of any help to quit using tobacco, such as a stop-smoking program or nicotine patches, pills or other medications?** n = 138

Yes	24.4%	(± 8.5%)
No	43.0	(± 9.9)
Don't know/Not sure	32.6	(± 9.3)

***Among current and recent former smokers:***

**Have you heard about the Washington State "Quit-Line" - a telephone support service to help people quit using tobacco?** n = 181

Yes	49.7%	(± 9.2%)
No	50.3	(± 9.2)

***Among current and recent former smokers who have heard of the "Quit-Line":***

**Would you ever call a telephone support service for help in quitting tobacco?** n = 172

Definitely Yes	10.5%	(± 4.6%)
Probably Yes	22.7	(± 7.5)
Probably No	26.6	(± 8.4)
Definitely No	40.3	(± 9.6)

***Among current and recent former smokers who have heard of the "Quit-Line":***

**Have you called the Quit line?** n = 93

Yes	5.5%	(± 5.2%)
No	94.5	(± 5.2)

***Among current tobacco users:***

**Would you like to quit using tobacco?** n = 185

Yes	75.6%	(± 7.3%)
No	24.4	(± 7.3)

***Among current tobacco users who would like to quit:***

**Are you seriously considering quitting tobacco use within the next 6 months?** n = 142

Yes	85.3%	(± 6.2%)
No	14.7	(± 6.2)

***Among current tobacco users considering quitting within 6 months:***

**Are you planning to stop within the next 30 days?** n = 129

Yes	38.1%	(± 10.3%)
No	52.7	(± 10.7)
Don't know/Not sure	9.2	(± 5.1)

\*Estimates based on sample sizes less than 50 were omitted.

<b>Are you currently registered to vote?</b>	n = 822	
Yes	83.8%	(± 3.2%)
No	16.2	(± 3.2)

<b>Which of the following statements best describes the rules about smoking in your home. . .</b>	n = 821	
No one is allowed to smoke anywhere inside your home	83.9%	(± 2.9%)
Smoking is allowed at some places or at some times	9.0	(± 2.3)
Smoking is permitted anywhere inside your home	7.1	(± 2.1)

<b>How many people, including you, who live in your household currently smoke cigarettes, cigars, or pipes?</b>	n = 827	
No current smokers in household	68.0%	(± 4.0%)
1	19.3	(± 3.2)
2	9.5	(± 2.5)
3 or more	3.1	(± 2.2)

<b>On how many of the past 30 days has someone, including you, smoked cigarettes, cigars, or pipes anywhere inside your home?</b>	n = 824	
None	86.1%	(± 2.8%)
Less than 30	3.9	(± 1.3)
30 days	10.0	(± 2.5)

<b>If it were just up to you, would you let people smoke inside your home?</b>	n = 820	
Yes	8.7%	(± 2.0%)
No	91.3	(± 2.0)

***Among people who are currently employed for wages:***

<b>When you are at work, do you spend most of your time in an. . .</b>	n = 469	
Office	39.3%	(± 5.1%)
Store	5.9	(± 2.3)
Restaurant or Bar	7.5	(± 3.7)
Warehouse or factory	7.4	(± 2.7)
Home/Someone elses home	11.3	(± 3.4)
Outdoors	11.0	(± 3.6)
Car or truck	3.7	(± 2.1)
Classroom	5.3	(± 2.1)
Hospital	5.4	(± 2.2)
Somewhere else	3.2	(± 2.0)

***Among people who are currently employed for wages:***

<b>Is smoking allowed in any of the following areas at your workplace. . . Some or all indoor work areas?</b>	n = 445	
Yes	7.5%	(± 3.0%)
No	92.5	(± 3.0)

\*Estimates based on sample sizes less than 50 were omitted.

***Among people who are currently employed for wages:***

**Is smoking allowed in any of the following areas at your workplace. . . Employee lunchrooms or lounges?** n = 422

Yes	2.6%	(± 1.6%)
No	97.4	(± 1.6)

***Among people who are currently employed for wages:***

**Is smoking allowed in any of the following areas at your workplace. . . A different designated indoor smoking area?** n = 421

Yes	3.7%	(± 2.4%)
No	96.3	(± 2.4)

***Among people who are currently employed for wages:***

**In a typical week, how many hours would you say that you are in a room or car with secondhand smoke while you are at work?** n = 464

None	83.4%	(± 4.1%)
Less than one hour	9.6	(± 3.2)
One hour or more	7.0	(± 2.9)

**In general, would you say that breathing secondhand smoke is. . .**

n = 820

Not at all annoying to you	9.7%	(± 2.3%)
A little bit annoying	11.4	(± 2.5)
Somewhat annoying	21.9	(± 3.5)
Very annoying to you	57.0	(± 4.0)

**Would you say that breathing secondhand smoke is. . .**

n = 809

Not at all harmful	1.6%	(± 0.8%)
A little bit harmful	5.3	(± 2.2)
Somewhat harmful	23.6	(± 3.4)
Very harmful	69.5	(± 3.8)

**All children should be protected from secondhand smoke.**

n = 808

Strongly agree	85.7%	(± 2.9%)
Somewhat agree	9.4	(± 2.4)
Somewhat disagree	3.2	(± 1.5)
Strongly disagree	1.6	(± 1.0)

**Do you think that smoking should not be allowed at all in restaurants?**

n = 819

Yes	74.3%	(± 3.6%)
No	21.7	(± 3.4)
Don't know/Not sure	3.9	(± 1.7)

**Do you think that smoking should not be allowed in bars and lounges?**

n = 820

Yes	37.5%	(± 3.9%)
No	54.8	(± 4.0)
Don't know/Not sure	7.7	(± 1.8)

\*Estimates based on sample sizes less than 50 were omitted.



<b>Do you think that smoking should not be allowed in outdoor public areas where children may be present?</b>		n = 815
Yes	58.0%	(± 4.0%)
No	36.8	(± 3.9)
Don't know/Not sure	5.2	(± 1.6)

<b>Local law enforcement officials should place a high priority on enforcing laws that ban the possession of tobacco products by minors.</b>		n = 797
Strongly agree	53.8%	(± 4.1%)
Somewhat agree	21.6	(± 3.4)
Somewhat disagree	16.3	(± 2.9)
Strongly disagree	8.2	(± 2.2)

<b>The city or town where you live should establish as many strong rules and laws as possible to protect nonsmokers, including children, from secondhand smoke.</b>		n = 790
Strongly agree	52.5%	(± 4.1%)
Somewhat agree	26.5	(± 3.6)
Somewhat disagree	12.3	(± 2.7)
Strongly disagree	8.7	(± 2.1)

<b>School officials should make sure that all children receive anti-tobacco education.</b>		n = 819
Strongly agree	85.5%	(± 2.9%)
Somewhat agree	10.9	(± 2.6)
Somewhat disagree	2.1	(± 1.2)
Strongly disagree	1.5	(± 0.9)

<b>Tobacco use by adults should not be allowed on school grounds or at any school events.</b>		n = 810
Strongly agree	87.8%	(± 2.8%)
Somewhat agree	7.5	(± 2.2)
Somewhat disagree	1.8	(± 1.1)
Strongly disagree	2.8	(± 1.5)

<b>Have you seen or heard about any efforts or activities in your community or in schools to prevent or reduce tobacco use among youth?</b>		n = 791
Yes	44.3%	(± 4.1%)
No	55.7	(± 4.1)

<b>There are so many things that cause cancer, tobacco use is not going to make any difference.</b>		n = 801
Strongly agree	5.5%	(± 1.9%)
Somewhat agree	7.0	(± 2.3)
Somewhat disagree	10.2	(± 2.5)
Strongly disagree	77.3	(± 3.6)

\*Estimates based on sample sizes less than 50 were omitted.

<b>Would you ever use or wear something that has a tobacco company logo or picture on it?</b>		n = 809	
Yes	15.3%	(± 3.0%)	
No	84.7	(± 3.0)	

<b>Do you currently have a piece of clothing, or other item that has a tobacco brand or logo on it?</b>		n = 822	
Yes	11.4%	(± 3.0%)	
No	88.6	(± 3.0)	

<b>During the past year, have you received a free sample or coupon for a free sample of cigarettes or other tobacco products?</b>		n = 808	
Yes	13.7%	(± 2.8%)	
No	86.3	(± 2.8)	

<b>During the past year have you been somewhere, such as concert or special event, where tobacco companies were having a promotion - for example, giving away free samples or having a special give-away?</b>		n = 816	
Yes	8.2%	(± 2.2%)	
No	91.8	(± 2.2)	

<b>Tobacco companies should have the same rights to advertise their products as other companies.</b>		n = 780	
Strongly agree	18.0%	(± 3.4%)	
Somewhat agree	28.8	(± 3.8)	
Somewhat disagree	12.6	(± 2.7)	
Strongly disagree	40.6	(± 4.0)	

<b><i>Among people with children ages 12 to 17:</i></b>			
<b>Have you told your child specifically that you do not want him or her to use tobacco?</b>		n = 179	
Yes	93.4%	(± 4.4%)	
No	6.6	(± 4.4)	

\*Estimates based on sample sizes less than 50 were omitted.